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**CurSiMag® Matrix Regenerator**  
**Cell Protection & Detoxification**  
**- PZN: 09292027 -**



### **The Original**

created by the specialist of internal medicine Dr Bodo Koehler, MD. **CurSiMag®** is a highly effective powder mixture and is characterized by particularly high quality of all ingredients, mainly of volcanic rock "Microlite". There are few mines on the earth only which are not contaminated with lead and arsenic. **CurSiMag®** can score here by special cleanliness.

Corresponding test certificates are available.

The accompanying **magnesium** has pharma quality and is very well absorbed and metabolized by the cells as citrate.

**Curcuma longa** is a bitter substance of high quality and has a variety of tasks.

### **Free of additives**

Intentionally **CurSiMag®** is supplied in powder form. Thus, it is completely free of harmful substances such as hormones, gluten, sweeteners, sugar, lactose and other allergens.

### **Good digestibility**

Curcuma has a slightly sharp taste in high doses. Will it stir in white yoghurt instead of water it tastes much milder. The high magnesium content stimulates peristalsis, which has a positive effect in tendency to constipation. If there starts diarrhea in susceptible individuals, the dose should be reduced.

### **Support of bodily functions**

Despite versatile diet can lead to nutritional deficiencies. This concerns in particular magnesium, because there is a high daily intake (300-600 mg). In stressful situations can rise to almost 2g of consumption.

Also silica is indispensable as a trace element for the construction of the connective tissue. It can be found in food, but hardly, except in millet.

Curcuma acts as bitter bile stimulating, but also anti-inflammatory effects.

### **Properties of CurSiMag® by Dr Koehler, MD**

It is a multi-component preparation and is composed of **silica dioxide** (quartz) of finely ground Microlite (47%) with an extremely large active surface over which an active ion exchange takes place. A daily dose is approximately 1200 sqm. This may bind toxins in the intestine lead to the elimination, even radioactive cesium, cadmium and Jod131.

Furthermore **CurSiMag®** contains a high percentage of **magnesium citrate** (640 mg daily dose), **Curcuma longa** (12%) and **Piperine** (1%) as well as many important **trace elements** as they occur in the earth, namely in the biological balance.

**CurSiMag®** has the same features as its sister product **KlinSiMag®**, but beyond the bile stimulating and anti-inflammatory effect of Curcuma.

### **Scientific Foundations**

**Microlite** is the "detox expert". The honeycomb-like lattice structure of this volcanic rock has a high detoxification capacity. Therefore Microlite has, among many other positive properties, primarily a cleansing and detoxifying function. Because its main component crystalline **silica dioxide**, it provides the basic building structure of the connective tissue.

**Silica** therefore is necessary for its construction and essential for the function of the matrix. This represents the so-called “**Basic Regulatory System**” (according to Prof. A. Pischinger) and can be referred to the "foster mother" of the organ cells. Depending on the acid / base balance, it regulates the supply of nutrients and oxygen, but is also responsible at the same time for waste disposal and cell protection. Here exist many immune cells.

But **Microlite** also affects *the vascular system and digestive system*, supports the *renal function*, has *neuro-psychological effects*, increases *physical performance*, acts in *rheumatic diseases, fungal diseases, diabetes mellitus, periodontal disease, improves skin quality, creates the organization structure of the connective tissue*, has a *strong purifying effect* (also radioactive substances like cesium and cadmium can be discharged from the body).

To ensure these vital functions, even over long periods of time, constant anabolic regeneration processes are necessary. **Magnesium** is required for this, which has been added in high concentration. **Magnesium** is an essential mineral and is of great importance for the maintenance of essential body functions and metabolic processes for humans. Magnesium is involved in the activation of over 300 enzymes. An adequate supply of magnesium is for example important for the *support and regulation of important nerve and muscle functions*, for *power supply to the body's cells* and for the *preservation of physical resistance*. Magnesium also helps that our heart muscle *applies sufficient energy to supply the cells with blood*. Magnesium is essential for *connective tissue structure (bones and organs)*.

Not only the connective tissue and the bones constantly need magnesium, but also the *immune system, heart, nervous tissue and the thyroid gland*. Magnesium is therefore also an important mineral for coping with stress and lowering high blood pressure.

#### **More magnesium, less calcium**

The calcium intake by normal diet exceeds far the daily requirement. As opponent of magnesium it inhibits its multiple functions. Calcium closes the membranes, resulting positive effects in acute situations, e.g. allergy, because it inhibits the immune system. But in event of longer excess of calcium it promotes cardiovascular and degenerative diseases, because it blocks regeneration processes. Therefore, the intake of magnesium in today's calcium-rich dietary habits is of particular importance.

**Curcuma longa** or Turmeric is an Indian Ginger family and there also a versatile remedy. There are barely health problems for whose Curcuma would not be helpful – preventively or to treat all diseases of civilization such as *diabetes, arteriosclerosis, digestive problems, liver and biliary disorders, the consequences of stress, arthritis and other chronically inflammations (supportive even in tumors)* and much more – anywhere Curcuma is used!

There is a big number of international studies that have demonstrated the outstanding effects of Turmeric scientifically too.

Curcuma as a bitter substance is an effective digestive aid. It supports the digestion of fat and helps detoxifying the liver by promoting bile flow.

Complementing Microlite both work as in liver detoxification hand in hand.

Curcuma activates bile flow, which not only cuts fat into small beads and makes it easily digested. Also poisons from the liver can be derived quickly in the intestine. Microlite binds the toxins and prevents a return poisoning of the liver.

Long is the list of the Indian Ayurveda treating diseases with Curcuma: *anemia, hypertension, asthma, bronchitis, flu, sinusitis, nausea, constipation, flatulence, inflammation of the colon, uterus inflammation, dyspepsia, parasites, hepatitis, stomach ulcers, bladder stones etc.*

Particular mentioned is the recommendation of Curcuma in diabetes. Curcuma lowers blood sugar and oxidative stress, which is important for both: insulin-dependent, as well as non-insulin dependent diabetics. Together with Microlite which also reduces oxidative stress, can be prevented with Curcuma the dreaded diabetic late complications indeed. In rheumatism, which responds just as outstanding on

Microlite, in addition to the reduction of oxidative stress and inflammation the diuretic effect of Turmeric is helpful.

**Curcuma** may enhance the effect of aspirin on blood clotting. Concomitant intake (e.g. ASA 100) should therefore be discussed with the doctor.

Why is **CurSiMag**<sup>®</sup> recommended by Dr Koehler, MD?

It serves to complement the food with the above-mentioned substances.

All **regeneration processes** are dependent on a sufficiently high supply of silica and magnesium, or are characterized in the first place. This includes all degenerative diseases such as osteoarthritis, osteoporosis (calcium intake inhibits regeneration and weakens the immune system!), but also fractures themselves. Hair nails and skin also benefit.

Furthermore, chronic inflammation and pain can favorably influenced with Turmeric and many other positive effects can be achieved as described above.

### **Suggested**

The powder should be drunk in the morning (1 heaped measuring spoon á 5g) just after getting up and before going to bed at night dissolved in water. But it can also be stirred into yogurt.

One day a week should be suspended with the ingestion, mostly Sundays. In order for a habituation effect is excluded.

Because of possible interactions with medications an interval of half an hour should be respected. It is advisable to carry out a **3-month cure** with **CurSiMag**<sup>®</sup> to maintain good health up to 2x per year (equivalent to 4 cans of 200g). In case of serious illness **CurSiMag**<sup>®</sup> should be taken without interruption 2 x daily.

### **Side effects**

The strong concentration of Curcuma may cause mild irritation of the mucous membranes, so sensitive people distribute the total dose for the day, or should stir the powder into yogurt or sour cream. The high magnesium content can accelerate intestinal transit, which usually is not a disadvantage, but can be avoided by dose reduction, if diarrhea should occur. The powder should not be inhaled in order to avoid irritation of the mucous membranes.

### **Legal notices**

The daily dose should not be exceeded. **CurSiMag**<sup>®</sup> should keep out of reach of children.

**CurSiMag**<sup>®</sup> not replaces visits to the doctor and is in no way a substitute for necessary changes in lifestyle. Healthy, biologically valuable and varied diet, regular exercise and a positive orientation of the psyche are the basic requirements of health or for any healing process and require the active participation.

Dr Bodo Koehler, MD

Specialist for Internal Medicine

There are deliberately no statements made about the effects of **CurSiMag**<sup>®</sup> as a whole product, as they are not documented by the gold standard of conventional medicine by double-blind studies and are therefore considered scientifically not generally accepted. State 12/2018

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**KlinSiMag**<sup>®</sup> **CurSiMag**<sup>®</sup> **Neptune-Krill-Oil NKO**<sup>™</sup> **Glukosa-K2**<sup>®</sup>

